



Rachel Troup

Year of call: 2005

Email: rachel.troup@39essex.com

Phone: +44 (0)20 7832 1111

“sharp acquisition of complex technical detail... followed by an unshakeably persuasive delivery in court”

“both compassionate and sharp – a barrister who really listens and whose focus on achieving the right result is second to none”.

Drawing regular praise for her meticulous, “no stone unturned” approach to preparing cases, her superb client care and her incisive and intuitive advocacy, Rachel has a specialist practice in inquiries and investigations, including criminal investigations and enforcement, regulatory law and environmental crime.

Rachel spent 18 months as counsel in the litigation and dispute resolution department of a leading UK commercial firm, where she handled a range of complex commercial disputes. She also led the firm’s regulatory team, advising external corporate and individual clients as well as teams across the firm on all aspects of various regulatory regimes, enforcement proceedings, criminal and quasi-criminal matters.

With her combined experience of commercial, regulatory and criminal law, Rachel is ideally placed to advise and support individuals and corporate clients on all areas where criminal sanctions may be in play and in matters involving compliance, investigations, adjudication, enforcement and prosecutions.

Rachel has been instructed as junior counsel to the Grenfell Tower Inquiry since March 2018.

Areas of expertise

Inquiries

Investigations

Regulatory

Environmental

Environmental crime and enforcement

Regulatory

With considerable advocacy experience before a wide variety of courts and tribunals, Rachel’s regulatory practice encompasses healthcare, education, fire safety, agricultural and animal welfare matters, environmental offences, transport and licensing. Adept at supporting clients at all stages and with

substantial expertise in assisting clients to navigate the investigation and enforcement process in proceedings brought by a wide range of authorities, Rachel provides sound strategic preparatory advice and steady reassurance from the very earliest stages through to hearings at all levels.

Qualifications

- BVC (Outstanding), College of Law (2005)
- Diplôme des Etudes Juridiques Françaises
- LLB (Hons) Law with French Law

Additional Information

Professional Associations

- Association of Regulatory & Disciplinary Lawyers
- Criminal Bar Association
- Fraud Lawyers Association
- Women in Criminal Law
- Female Fraud Forum

London

81 Chancery Lane,
London
WC2A 1DD
Tel: +44 (0)20 7832 1111
DX: London/Chancery Lane 298
Fax: +44 (0)20 7353 3978

MANCHESTER

82 King Street,
Manchester
M2 4WQ
Tel: +44 (0)16 1870 0333
Fax: +44 (0)20 7353 3978

SINGAPORE

Maxwell Chambers,
28 Maxwell Road,
WC2A 1DD
04-03 & 04-04, Maxwell Chamber
Suites
Singapore 069120
Tel: +65 6320 9272

KUALA LUMPUR

#02-9, Bangunan Sulaiman
Jalan Sultan Hishamuddin,
50000 Kuala Lumpur,
Malaysia
Tel: +60 32 271 1085

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clerks@39essex.com • DX: 298 London/Chancery Lane • 39essex.com